



THE TELEGRAPH

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THE VOICE OF HERRIMAN HIGH

“TO PROTECT AND SERVE...”

The ethical and unethical actions of police officers

STORY BY HALEN HUBBARD

SOUTH JORDAN-Late in the night on January 6th, a woman from South Jordan and her grandson found themselves in a dark situation. Her grandson was threatening to commit suicide and hurt himself while she was trying her best to calm him down.

After a while, a call to the South Jordan police was made. With much back and forth about the situation, the police officer informed the woman that he nor the fire department would show up because hurting yourself is not a crime.

Flabbergasted, the woman could not find help for her grandson. She then called the Mobile Crisis Outlook Team, which was eventually able to work with the police and fire department to respond to the scene. Much later, after the event, the

The cop was seriously reprimanded and the lieutenant explained his sincere apologies to the woman about the incident.

Protection of individuals and community is the

number one job

of the police

force.

As the

media

reports

stories

entailing

the poor actions

of police officers, an increasing number of people have been feeling as though the police gain a sense of power over the common person.

Everyday citizens want a sense of protection and security that can come from the police force. Referring to their website, the South Jordan Police's values are, "Acting with honesty, integrity, fairness and compassion; Holding ourselves accountable for our own actions as well as building trust with the community and each other, and understanding that our authority comes from the public we serve."

With so many of Herriman High's students living in South Jordan, it is important that they feel a sense of security in

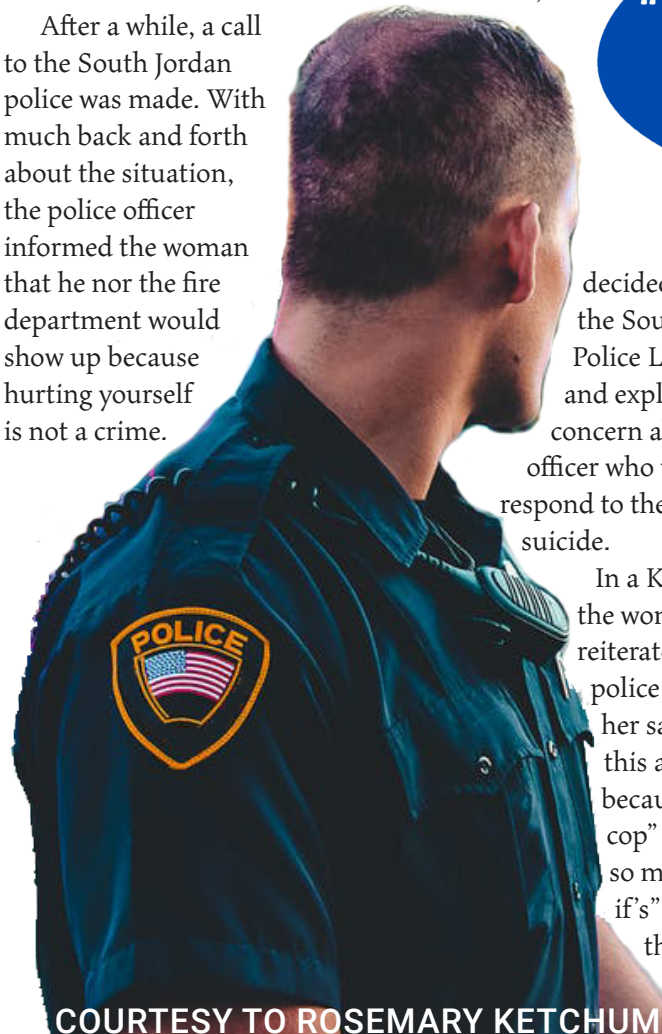
their homes which is a major priority of Mr. Stewart Hudnall, vice principal of Herriman High. His first year of being an administrator was the school year '17-'18. This was when he and others experienced the tragedy when so many fellow students at Herriman passed away due to suicide. Safety is Hudnall's number one priority, and throughout that year and to this day, he works hard to make sure that students feel safe and welcome at Herriman. Many nights, he would stay up calling parents, emergency contacts, police, and MCOT to ensure safety from other people's or their own actions. He has had very good experience with police showing up and taking care of families throughout his time being administrator and keeping kids safe.

With mixed messages coming from news media, even in Utah, and personal experiences, it can be hard for people to gain an opinion of the police force and their ethical or unethical actions. However, it is important to be informed from all angles before coming to a concrete conclusion of police officers and the role they play in society.

"DO POLICE OFFICERS
HAVE THE RIGHT TO
NOT SHOW UP TO A
911 CALL?"

woman decided to talk to the South Jordan Police Lieutenant and explain her concern about the officer who would not respond to the potential suicide.

In a KSL interview, the women reiterated what the police captain told her saying that this action was because of a "lazy cop" and that with so many "what if's" involved in the situation, this was not protocol.



COURTESY TO ROSEMARY KETCHUM

THE TALES THAT IMPEACHMENT ENTAILS

The political parties send Donald Trump to the chopping block but end up getting him back

STORY BY EMMA LAM, ASSISTANT EDITOR

WASHINGTON - President Donald Trump has been the subject of impeachment since late last year, as his actions have led with an introduced impeachment and left with an acquittal. Why this transpired is all found in a small chit-chat the president had with a foreign leader.

For the past few months, Trump's impeachment has been on the table for a multitude of reasons, one of the latest reasons being accusations that Volodymyr Zelensky, the President of Ukraine, made in a phone call with Trump. The phone call is important because of a brief history between Russia and Ukraine.

Ukraine became its own country after the collapse of the Soviet Union. However, Russia now wants to reclaim control over Ukraine despite the aspirations of the independent country. For this reason, there has been a small war between the two

countries. America has been defending Ukraine by sending troops to help them fight back.

In this phone call (documented by the White House staffers) between the two presidents, Trump had asked Zelensky if he could find information regarding Joe Biden's son, Hunter Biden, who served on the board of Burisma Holdings, a major Ukrainian natural gas producer. Trump wanted to attempt to expose the situation behind Joe Biden's removal of Ukraine's top prosecutor who was investigating Burisma in 2015.

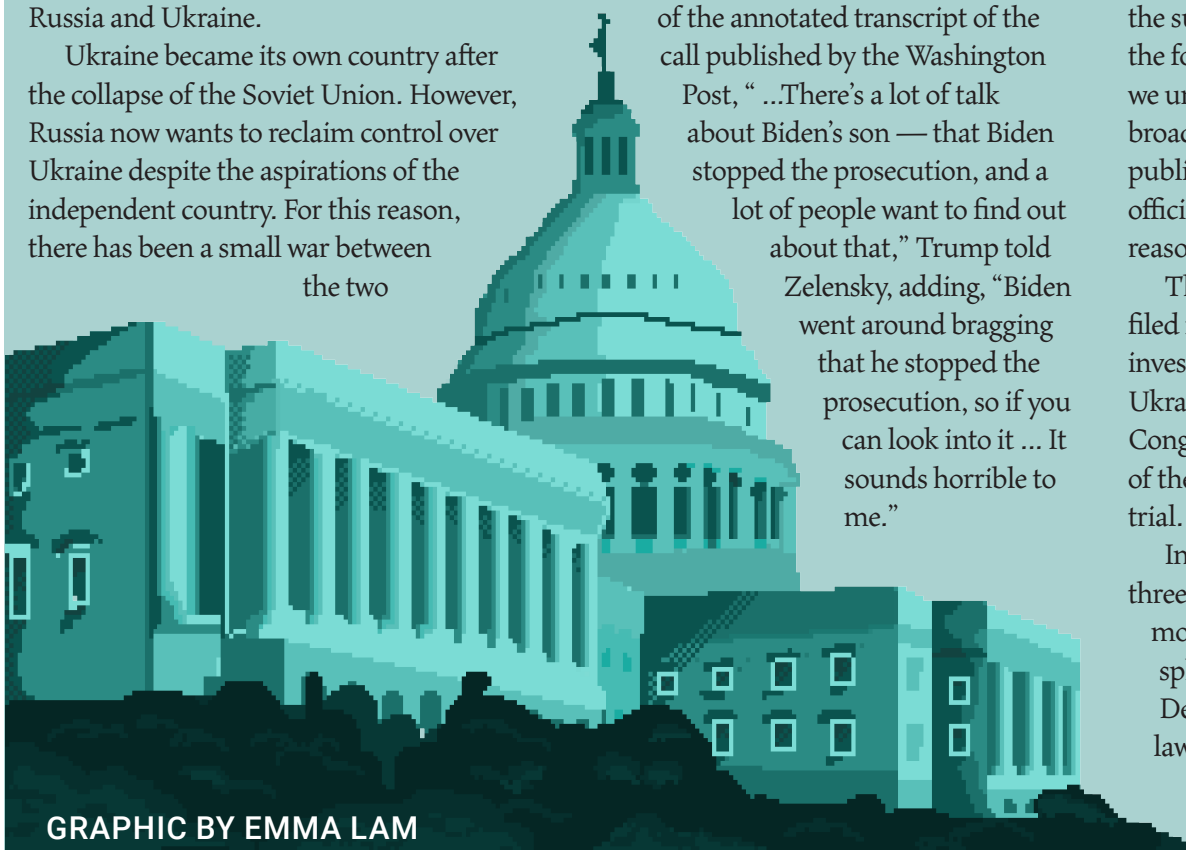
This can be found in the quote of the annotated transcript of the call published by the Washington Post, "...There's a lot of talk about Biden's son — that Biden stopped the prosecution, and a lot of people want to find out about that," Trump told Zelensky, adding, "Biden went around bragging that he stopped the prosecution, so if you can look into it ... It sounds horrible to me."

After this conversation, a whistleblower--someone who calls out secretive information or illegal activity in a private or public organization--called attention to this phone call which led to the immediate action of the House of Representatives to investigate the president's action to see if it could be impeachable.

The Democrats claim that Trump forced Zelensky to find information on the Bidens by withholding military aid that had already been previously granted by Congress. The House Intelligence Committee Chairman Adam Schiff puts the subject plainly: "Bribery, first of all, as the founders understood bribery, was not as we understand it in law today. It was much broader...It connoted the breach of the public trust in a way where you're offering official acts for some personal or political reason, not in the nation's interest."

Therefore, the House of Representatives filed for two articles of impeachment in its investigation of the President's dealings with Ukraine: abuse of power and obstruction of Congress. It was quickly pressed to the floor of the senate to be conducted into an actual trial.

In response, the trial would take place for three days allowing the House to introduce more evidence. The Senate chamber was split into two partisan factions, with the Democrats on one and President Trump's lawyers on the other. This brought up a new problem of getting witnesses.



GRAPHIC BY EMMA LAM

CONTINUED ON P3

Herriman Hope Squad Making a Difference for Good

STORY BY ANNIE HYINK, ASSISTANT EDITOR

One of the main objectives of the class is to learn to identify warning signs of suicide. They have to understand the importance of responding quickly to these signs, but also being able to differentiate between what's real and fake when people joke about their problems. The most important thing that the members have to remember is that it is not their responsibility to diagnose or fix the problem, but to aid people in getting to someone with the ability to help. Suicide is a very serious topic, and the Hope Squad exists so that hopefully, people will not reach the point where they would even consider permanently

ending things.

"As a group, our primary goal is to generally be friends with everybody. Like we say all the time, you have to be friends with somebody in order to talk to them in the way that we are trying to be able to talk to people. From there, our goal is just to let people know that we're there for them," describes Hope Squad member, Lilly Watterson.

Pursuing

have many different relationships where trust has been built so that if a friend begins to suffer mentally, they know exactly who they can confide in. “Along with having healthy friendships comes the responsibility to accept the situations when you can’t be THAT person for

Hope Squad does not only focus on how they can help people in dire situations, but also how they can help people

vent suicide, but using them to help their friends and other people when they are distant, or going through a hard time in life.

Each and every person on the Hope Squad shows a genuine concern and interest in the people around them. They demonstrate this through the relationships they have built with one another. The atmosphere that surrounds them is sincere and dedicated to always looking at situations through a positive lense. They genuinely want to help others. “The Hope Squad members have grown a lot just by being in this class, and the change they have brought to themselves has impacted not only their lives, but spread to friends and family which then branches out to their friends and family, and so on and so forth. I see it starts right here in the class, and it’s really amazing to see how it affects people in a chain effect, moving from one person to another,” says Derick Larsen, a passionate part of the Hope Squad.

Hope Squad is not simply a suicide awareness club. Yes, that is extremely important, but something that is even more significant is being a friend. If a person struggling with depression is feeling hopeless, all it takes is a friend to make sure they're okay and talking with them. So many of our problems could be helped if we just have a friend go through it with us. It may not fix everything, but having someone to share the burden with is more influential than any of us may know until we are the person who desperately needs someone to listen. We can all be a friend to everyone. Make a difference. Unite together to be the change we all want to see in the world.



friendships is a key aspect of life. Whether it is approaching someone about how they are doing when you notice they have been down, or making new friends to give someone a shoulder to lean on, relationships are the basis of building trust. Hope Squad cultivates a passion to meet new people and engage with them in genuine, friendly conversation. This allows the members to

sort through everyday problems. They learn skills such as conflict solving and analyzing circumstances. "It's important to use the skills we learn all the time with everyone that we're involved with. We want to hear people out, because most of the time, they're not heard," says Sadie Timothy, president. The Hope Squad members focus on not only using what they learn to pre-

2019-20 Chmaber Choir hopes to continue legacy of years past

STORY BY GABE LOTZ

For the past 8 years Herriman High's chamber choir has earned superior ratings in the state competition and show no sign of slowing down.

Each year UMEA (Utah Music Educators Association) receives audition tapes from high schools all around the state of Utah for the event they host on a weekend filled with talented choral groups. Every choir hopes to be chosen to sing on the Friday night performance in the beautiful Dolores Eccles building.

This year, after submitting recordings from the prior years' choir performance at the state competition, the Chamber singers were invited to appear in the performance everyone hopes for. At this conference, every choral director in the state of Utah will be in attendance, closely watching the choir as it is director Andrew Howden's third year in charge of the program, meaning that everyone in the choir could only have had him as a high school director with no carry-over from the previous teacher.

The choir performed alongside Desert Hills Middle School (based in St. George, Utah) and the BYU Chamber Singers. The beautiful performance hall, along with the beautiful music brought tears to the eyes of many and the listeners to their feet. The Chamber choir is proud of what they have accomplished and look forward to the festival season.



The name isn't as it seems, high school is notorious for cliques and figuring out how to fit in. Our goal is to promote inclusion and unite students of all demographics here at Herriman High School. All episodes are uploaded bi-weekly at **herrimantelegraph.org** If you're interested in being featured or becoming involved come to **room 2503** for more information.





LOVE IS IN THE AIR

Recap of Herriman's Sweethearts 2020

STORY BY ALLIE MOSER

Herriman's annual Valentine dance happened a few weeks ago, and it was a night to remember. "Sweethearts is a popular dance for most high school girls because they get the chance to ask that sweet guy they've had their eye on." It is the last girl's choice dance and it is one of the last big dances before prom. The dance, in the high school gym, was decorated so well and you could tell that

there was a lot of effort put into it. Everyone loved the retro 1920s theme, and the decorations accentuated that very well. High school dances can be nerve wracking for many people. Not everyone is comfortable with dancing, and they aren't sure how to do it. The environment at this dance however, felt very welcoming and no one was being judged by a

single person there. You were free to just be yourself and have a good time with your friends and your date. Of course, the DJ could have been a little better, but at a high school dance, what would you expect? The drill team was in charge of this year's sweethearts, and they did a beautiful job decorating. There were string lights hanging everywhere and the hallway outside of the gym was all decorated in the black and gold theme of the 1920s. Ean Payne, a junior attending the dance said, "I felt like I was in a movie walking into that room because of all the lights and the music playing; it was amazing!" Dances are so fun because it is a time for students to branch out. You get to be with your friends, and also have the fun

experience of going on a date without any future pressure. There isn't really a position you could be put in that would make you feel uncomfortable, because it is simply a fun high school dance. It's very good for people to experience this kind of thing. Don't miss out on it because your time in high school is limited and it's going to fly by. You won't regret it!



PHOTO BY TO ALLIE MOSER

PHOTO BY TO ANNIE HYINK



HALL HEROS

Up close with the Herriman High School Monitors.

STORY BY KADE BROOKS

As we all know and see, every school has their own hall monitors. I wanted to go deeper into the daily routines of our school's monitors and what matters most to them. They all work together to keep the school a safe building for all of the students. However, that is not all they are pushing for by spending seven hours a day for five days a week with nearly 3000 students. I looked into what the daily routines of each of the hall monitors entails. All hall monitors get to meet up at the beginning of the day every day to discuss what they need to look out for. This includes things such as what they have heard in the halls and what other students and security cameras show evidence of. The hall monitors will all go and look at the camera footage to look over what has happened and, if there is an incident, how it happened. A fight at school for example, they will go back and look at why it might have started and who started it. They will always be the first ones on the case to make sure everything is back up and running correctly, and that

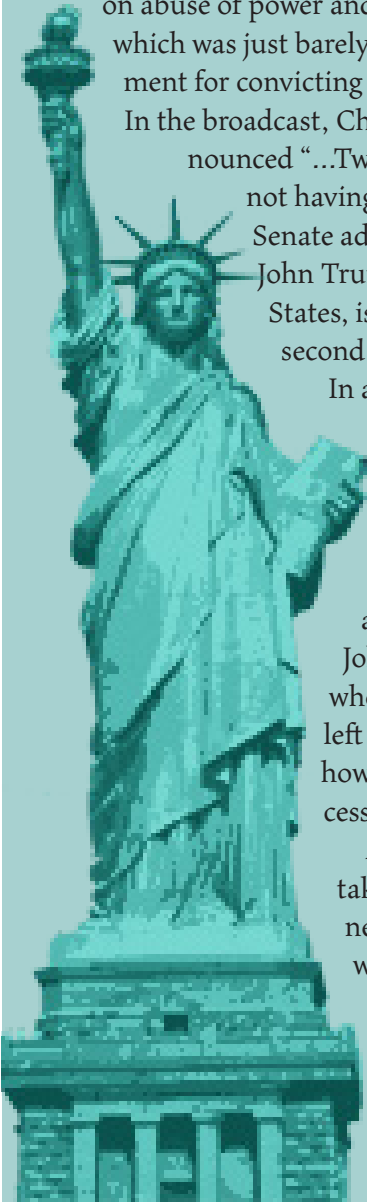
everyone is safe and happy. I also had the opportunity to talk to Kamille about her job and what matters most to her. Kamille brought up that although she is a new hall monitor at Herriman, she is not new to the game, as she used to be a monitor at Bingham High School. As I got to talk to her more about her main priorities for her job and what she wants to get out of it, she states that she wants to be able to "build a connection with all the students she gets to see everyday." She feels that it is a big part of her job to be able to get to know the kids and be able to build trust, because "we are her kids." She doesn't want her students to feel like hall monitors are the "mean" ones that walk around the halls telling kids what to do, but rather those whose job it is to keep us safe. She wants each and every one of us to be successful and happy during school hours. She reiterates that she is always there for students on a personal level, and wants to let students know that her door is always open.

IMPEACHMENT TRIALS CONT.

Some Republicans claim that the investigating and calling of witnesses is the House duty and therefore the Democrats' fault for not preparing. To counter, Senator Chuck Schumer of New York, the Democratic leader, said, "To blame the House for not having all the witnesses and documents when it was Donald Trump who stopped them and with the snap of his finger can have them all is the ultimate hypocrisy," this caused problems for the Democrats in getting the key statements and information from the cross-examination from the witnesses. However, for brevity's sake, because the Senate is Republican-dominated and it was assumed from the beginning that impeachment was unlikely to happen, their defense consisted of 'The President was not guilty of any crime and argued that the deal was in the country's interests as the dealings would shed light on a bigger issue.'

On February 6th, 2020, the voting was read aloud to the American people. The Senate voted 48 yay-52 nay on abuse of power and 47 yay-53 nay on obstruction, which was just barely short of the two-thirds requirement for convicting Trump and removing his office. In the broadcast, Chief Justice John Roberts announced "...Two-thirds of the senators present not having pronounced him guilty, the Senate adjudges that respondent Donald John Trump, president of the United States, is not guilty as charged in the second article of impeachment."

In a surprising note, Senator Mitt Romney announced and proceeded to be the only Republican to vote for impeachment for article one. Thus, the president was acquitted and President Donald John Trump found himself back where he started, as many sides are left confused and laying fingers on how this whole impeachment process was all a joke. As the Democratic Primaries are taking place make sure to catch my next article on how the Primaries work and how to decide on a candidate to vote for.



GRAPHIC BY EMMA LAM

(WAY TOO EARLY) NFL PREDICTIONS

STORY BY STILLMAN BALLSTAEDT

After the Chiefs beat the 49ers 31-20 in a second half comeback of Super Bowl 54, everyone is looking forward to next year as lots of College talent will be looking to be drafted in the 2020 NFL Draft. Players like Joe Burrow, Chase Young, Tua Tagovailoa and Justin Herbert will be looking to make an impact for their respective teams and help lead them to a Super Bowl.

Here are some way too early predictions for each division, including which teams will be the wild cards and who will win the Super Bowl.

NFC EAST: COWBOYS

No team has won the NFC East in back-to-back years since the 2003-2004 Eagles and are looking to not let that happen again. With Dallas firing coach Jason Garrett and bringing in a new face in Mike McCarthy, the first coach to ever coach both the Packers and Cowboys, they are looking for a new spark in the team and are ready to live up to the hype with players like Dak Prescott, Ezekiel Elliott, Amari Cooper and Michael Bennett.

NFC WEST: 49ERS

The 49ers are looking for revenge after losing to the Chiefs in Super Bowl 54. This past season Jimmy Garoppolo led the 49ers to a 13-3 season, playing his first full season after getting hurt the season prior, and before that playing under the legend Tom Brady in New England.

NFC NORTH: PACKERS

After losing to the 49ers in the NFC Championship, the Packers are looking to bounce back and make a statement this next year. With Aaron Rodgers only having so many years left, the Packers need to get Rodgers another core receiver and a better defense if they want a shot at the Super Bowl this next year.

NFC SOUTH: SAINTS

Losing 26-20 at home in a NFC Wild Card game makes for a harsh blow. The Saints are looking to have one more good season with Drew Brees, as they'll be transitioning into a younger player, Taysom Hill - who played here in Utah at BYU for his college career - and have lots of talent in running back Alvin Kamara and wide receiver Michael Thomas who won the NFL Offensive Player of the Year. The question is if they can get the job done.

NFC WILD CARD: RAMS

Don't sleep on the Rams. They have an excellent and very smart head coach in Sean McVay, along with a very good veteran core lineup in Jared Goff, Todd Gurley, Jalen Ramsey, Aaron Donald, Cooper Kupp, Clay Matthews III, Robert Woods and Brandin Cooks.

NFC CHAMPION: SAINTS

Enough said - with the amount of talent that this team has, and all the weapons, it's a no brainer that this team should be in the Super Bowl!

AFC EAST: PATRIOTS

As long as Bill Belichick is on the sidelines, I will take the Patriots eight out of ten times, even if Tom Brady decided not to sign with them again over the off-season. The Patriots had a top five defense last year and are looking to bring back the same core of guys to do some damage.

AFC WEST: CHIEFS

This team will not be gone for years and this will not be their last Super Bowl. They have so many weapons in Patrick Mahomes, Tyreek Hill, Sammy Watkins, Travis Kelce and Damien Williams. Andy Reid is an amazing head coach and because his team won this year's Super Bowl, he will push them even harder to defend that honor.

AFC NORTH: RAVENS

What a heartbreaking season for NFL MVP Lamar Jackson and the Ravens. After going 14-2 and losing to the Titans in the AFC Semi-final, they will be eager to get back in the races and are ready to get some wins.

AFC SOUTH: COLTS

After having Andrew Luck retire right before the season started, the Colts were forced to scramble to find a replacement and figure the season out. They finished 7-9; assuming they find a quarterback and some weapons they have a real shot at the AFC South this upcoming season.

AFC WILD CARD: STEELERS

After going 8-8 and just missing the cut for the playoffs, the Steelers are looking to have a bounce-back season and will hopefully have a solid starting quarterback after going through three different quarterbacks this past season. They have solid offensive players in running back James Conner and wide receiver JuJu Smith-Schuster. The question will be if the defense can get stops for them.

AFC CHAMPION: RAVENS

Lamar Jackson is now an MVP and every defense should be scared of him; he is a better version of Michael Vick and will torch defenses if you don't keep an eye on him, he's a dual threat and it is very hard to stop him and he will lead his team to the Super Bowl.

SUPER BOWL 55: SAINTS OVER RAVENS

The Ravens are great, but their young core will hurt them and the Saints veterans will come in handy. The Saints have so many weapons with Drew Brees, Michael Thomas, Alvin Kamara and Taysom Hill; it is very hard to stop this high powered offense, but this game will not be a blowout and will be a game that is very high scoring and exciting.

MUSTANGS FALL SHORT ON ROAD TO STATE TITLE

Herriman High Basketball Team looks to regroup after heartbreaking loss in second round

STORY BY EAN PAYNE

For the Herriman High Varsity Boys Basketball who have gone through various coaching changes and a boundary split it was evident that a 'chip-on-the-shoulder' mentality was formed amongst the squad this season.

After a tough pre-season schedule and amongst strong region opponents, the Mustangs finished fourth in regular season play, (14-9) going in as a seventh seed in the state tournament just one spot out from getting a bye in the first game of playoffs.

Speaking to junior, Bodi Nageli about his thoughts losing the first round bye in the last week of the regular season Nageli said, "We would have loved to keep the sixth [seed]. Our goal every game is to come home with a win, but sometimes things don't go your way. Being the seventh seed isn't all that bad because we play the last seed of the tournament, and we get to get all our big game jitters out of the way on the worst team."

Last year, The Herriman Mustangs lost to Pleasant Grove in the quarter-finals of the state tournament. The Mustangs look to make history next year by going all the way. They started the tournament by

taking on West High School, who went 3-20 in regular season. The Mustangs had already beat the Panthers twice this year in regional play.

Legrand Burgess, senior point guard, commented on what the head coach was trying to get across to his team on how to get far in the tournament. Legrand said, "Coach [did] a great job keeping the team humbled and focused for playoffs.. Coach is preaching to us one game at a time. He has been sending us quotes to read to keep us focused and to motivate the team. Practice has been awesome everyone is su- and dialed into game plan. The thing I will say is before we left West last game, Coach gathered us all up in the locker room. He wrote three words on the board and said, 'this is all

per the last



PHOTO COURTESY HERRIMAN HOOPS PHOTO GALLERY

you should be thinking about the next two weeks. One game at a time. The three words were survive and advance."

The Herriman Mustangs were focused and ready for this state tournament. This year had a different feel to it; teams play better then they usually do, so you can never overlook your opponent.

The team got their first state win against West,

72-55 to advance to the second round to face region opponent West Jordan.

Despite beating the Jaguars in regular season by 10, the Mustangs fell short losing to West Jordan 54-51.

The team says goodbye to the seniors moving on as the juniors look to regroup and prepare for the offseason. The team is not going to waste any time to get back to work. The goal will still be to win the ring next season.



THE END OF THE QUARTER BATTLE: HOW HERRIMAN’S TEACHERS BATTLE MISSING ASSIGNMENTS AND MALICIOUS EMAILS

The quarter change is known to bring stress to students, but it’s time to address the concern that is pushing many individuals in the teaching field to seek a different career path

STORY BY JACEY BROWN

The start of a new quarter brings many more opportunities to students - classes are newer, grades are a clean slate and the workload isn’t as pressuring. However, to get to that point means to survive the last two weeks of the prior quarter - in this time period, teachers face the outcomes of student frustration as papers pile on.

Herriman english teacher, Erica Plummer commented on the pressures teachers face when crunch time hits. “It’s a staggering amount of time. (...) Most teachers here have 180-200 students. Times that by five minutes a paper - which really isn’t

enough time to give adequate feedback -

making it close to 15 hours.” It is now necessary to look at how students and parents of Herriman High School are treating their teachers in what is arguably the most stressful point of the learning experience.

Education Week reports that 44% of new teachers end up leaving the profession within five years; with the teacher shortage Utah has recently experienced, that number becomes all the more crucial when it comes to the success of Herriman students.

It’s a time in which students are flocking to the desks of teachers at a rapid rate and parent emails are flooding in. Most often, teacher interactions with parents quickly turn brutal. Plummer stated that this is the reason she has seen many choose to leave the teaching career field.

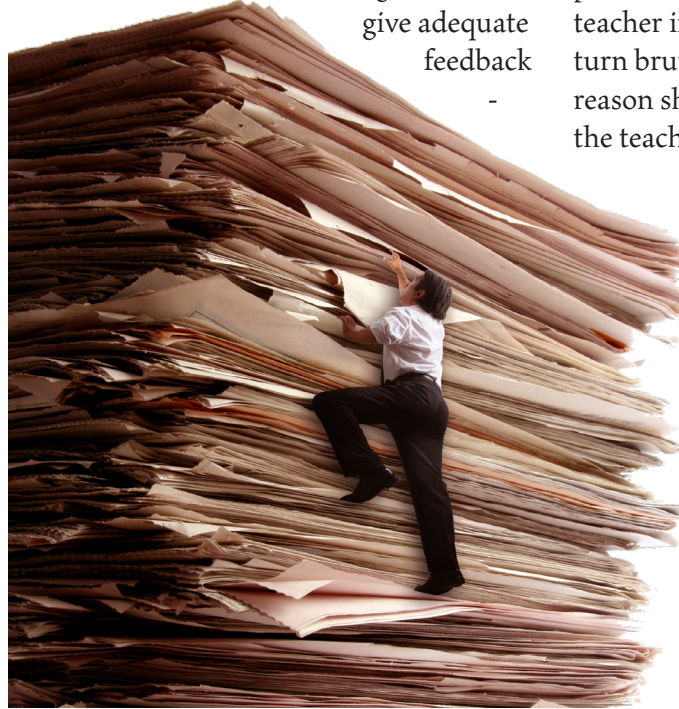
“Learning is really about being humble, and that is often what is so frustrating at the end of the quarter. Humility checks out and entitlement and pride and blame show their faces,” said Plummer.

Many students claim they have witnessed teacher mistreatment in Herriman classrooms themselves. Often, students are in the room as this happens, and teachers have to continue working through harsh

words and demands. “Kids are often disrespectful to teachers, and it usually isn’t justified. Like students, teachers have social and personal lives as well, which means they go through rough patches too,” adds Herriman High student Liesl Müller. “My mom is a teacher, and I feel so bad for her sometimes because of the lack of respect she receives. Compared to a student who doesn’t yet have a high school diploma, shouldn’t teachers, who have graduated college, be the ones respected?”

A growing number of students in our school’s population are on the side of the teachers - at the same time, many of these students will lash out at their teachers once the calm of the quarter passes and the stress hits. The next time you find yourself frustrated with a teacher at the end of the quarter, take a breath and remember to address them with the same respect you would any other person. Herriman students have to make their teachers feel just as united as the student body - we can’t afford to scare off any more of them.

When asked what she wishes students (and their parents) would remember in their interactions with teachers at the end of the quarter, Plummer provided us with one simple request: “Our role is to have honest and fair grading policies. Is your request in harmony with honest and fair grading policies?”



COURTESY TO MEYER-RECORDS.COM

WHICH GYM IS BEST FOR YOU?

Getting Gains In The Environment That Fits You Best

STORY BY BRADEN KOOS

A bad training environment can quickly ruin a good workout, no matter how committed you are to your exercise. Goals are great to have. We all want gains, to look good and seek the positives that come along with them, but making sure that the gym you go to is just as important as choosing a workout routine.

It doesn’t take much to make a bad gym, or for a gym to be good. Poor maintenance or poor equipment can make for a bad time. . You could be working out one day and the next thing you know you’re fighting to cancel your membership. Cancellation fees can be a hassle, especially if the gym charges a lot of money. However, that is only half the battle. Once you get out of your bad membership, you’re on the hunt to find a good one.

Most gyms these days, big and small, are filled with similar cardio and weight machines. If you are just starting out as a weightlifter, Planet Fitness would be a great option because they discourage heavy weight lifting. However, they don’t have a great gym culture. Now you can obviously still get a good workout at a gym like this, but keep in mind that there are no free bars and no heavy weights, only smith machines.

On average, a monthly fee for a gym membership is \$55 monthly, but most people pay a lot less than that. The gyms that have lower fees are growing very fast. Lifetime Fitness goes the opposite, with members of the club paying an average of \$105 monthly. There are 141 locations in 28 states, so if you live near one and can afford it, chances are you will rave about it like all other members of Lifetime Fitness clubs. People love the limitless range of workout equipment and the enormous variety.

Exercising is an important part of leading a healthy life, and choosing the gym that is right for you will help you implement good physical habits.

The Love Doctor

CHIMING IN ON HIGH SCHOOL RELATIONSHIPS

If you’ve spent any time in high school, you have undoubtedly seen some bizarre couples acting much to comfortable in the hall-ways. You also probably know at least one couple that is a perfect match and is bound to get married and have a cute family. Just like the differences in types of high school relationships, there are a lot of varying opinions on them.

There are two sides of the spectrum in this conversation. On one hand, you hear that they can “ruin lives” and are “a waste of time”. While this might be extreme to say about every single relationship, it definitely rings true for some people. That risk of things not turning out well or of getting hurt that can turn a lot of teens away from trying to find love in high school.

Responding to those somewhat pessimistic answers, students at Herriman had a more upbeat approach. The general consensus was that high school relationships are good and prepare you for real life and if you go into them with maturity and effort they can really be fun. So is one side right? Are some people really just looking at the negative side? Are other students looking through rose colored glasses and sugarcoating the truth?

In this humble Love Doctor’s opinion, high school romance is certainly an important piece of the so called “high school experience”. While full on dating, boyfriend and girlfriend stuff might not be for everyone, it’s fun to have a crush and it can help to spice up otherwise boring school days. The rush of butterflies in your stomach when you see them in the hall. The nervousness when you’re talking to them. The debate whether you should confess your feelings or keep it hidden. All of this is part of what makes high school so crazy and potentially so fun.

If you do get up the courage to get together, dating in high school can rock! It can be awesome if you go in with a certain attitude and goals. My secrets to a perfect relationship:

1. Don’t take it too seriously (It’s high school and it’s love. Don’t worry too much)
2. Be willing to compromise
3. Be willing to put effort into it
4. Be cool :)

- Love Doctor



GET THE MOST OUT OF PAYING FOR COLLEGE WITH SCHOLARSHIPS

The Simple Way To Pay For Higher Education

STORY BY GRACIE LEITER & SPENCER CORLISS

Approximately 86% of high schoolers in Utah receive a high school diploma, but what are students supposed to do afterwards? Many of those students want to continue their schooling in college to get their dream job. As college costs continue to rise, many wonder how they will get the money to pay for schooling. Who wouldn't want free money for school? Many students don't know that grants, scholarships, and financial aid are all things students can acquire and use to pay for school. Many have questions about how to get them, who to talk to, if they qualify, and how much they can get.

Scholarships are money you receive for school that you don't need to pay back. They are available to everyone and are a lot easier to apply for than you think. You can get a scholarship for anything from academics, athletics, minorities, gender, creativity, and even community service. Applying for these scholarships can be as easy as sending in your grades, writing about your life in school, writing essays or short stories, excelling at sports, having a unique hobby, showing leadership, being artistic, along with many other opportunities. There are scholarships specifically available to Herriman high students only. One way to receive these special scholarships is to download the KeysToSuccess app and look into the scholarships for Herriman students. Although not all schol-

arships reward a lot of money, receiving a few that are worth a lower amount can add up to a substantial amount of money in the long run. There are endless opportunities in the world of education and students can receive more than just one scholarship. Many colleges have scholarships specifically for students with high grades and ACT scores. Therefore, if you choose a school that offers you a scholarship and also add other scholarships on top of it, then it



PHOTO COURTESY: SCHOLARSHIP POSITIONS

is possible to receive a full ride for college. There are always scholarships available but there is only a limited amount of time for each one, so you just have to be on top of it and manage your time wisely. Apply for as many as possible and keep up on what you need to be accomplishing for that scholarship.

Finding financial support can be as easy

as filling out a FAFSA or figuring out if you qualify for money from the government. FAFSA stands for Free Application For Federal Student Aid. More than \$120 billion are given to students for further education after high school. Emily Barney, Herriman High School's scholarship advisor says, "Whether you come from a high income family and think you don't qualify for money from FAFSA you should still fill it out and apply." You may receive money you didn't even think could apply for you.

Many students are unaware of the help our school provides to receive money for higher education. You can visit your counselor or the school scholarship advisor and they will help you find scholarships to apply for. The counseling center has a scholarship board where they display available scholarships that you can view and apply for. During MAP time and after school every Thursday at our very own Herriman High, there are even scholarship workshops. Students can visit the Herriman website and under the counseling center tab, there is a whole section on scholarships. To avoid

missing out on scholarships, sign up for reminder text messages that can be found on the counseling website. Who would want to miss out on free money? Don't sell yourself short, start searching no matter what grade you are in because there are always scholarships available. Start applying and searching early and look into the scholarships that are right for you!

IT'S AS EASY AS 1, 2, 3, ACT!

The real tips on getting into the college of your dreams

STORY BY ANNIE HYINK, ASSISTANT EDITOR

Practice makes perfect! Don't take too long on a single question. Pace yourself! Go to bed on time. Eat Breakfast! Just pick C, it's usually the correct answer. Be on time...

All of these tips are things that we have heard hundreds of times from our teachers as they stress the importance of doing well on the ACT. Many students will still ask the question: How do I ace the ACT and is it really that important?

The ACT is one of the most important tests that a person will take in their life. A high score will result in money and scholarships, but a low score could change your entire plan for the future. One point could be the difference between attending the college of your dreams and having to settle for your second choice. Every person who has taken the ACT, whether they are a teacher or a high school graduate, has their own tips and tricks to get the best score possible. Sometimes, we hear so much advice that it all blurs together at the end and we don't remember any of it during the test. So what are the best tips for the ACT, and how can we actually apply them?

Taking multiple practice tests is key when preparing for the ACT. The ACT is unlike any other test that students typically take. Each section is timed, you have to spend as little time on each question as you can, and the test is not looking for the retainment of information that you will read, but rather if you can find the correct answer and move on. By taking more than one practice test for each of the sections, students can know what the test is actually looking for, so they are not going into it blindly. Also, due to the fact that the tests must be completed in a short amount of time, kids often strug-

gle to complete all of the problems. When you take more than one practice, you will be able to moderate your speed and gauge how long it takes you to do certain kinds of problems and how you will best be able to take each test in enough time. Building up consistency and confidence in knowing how to test is essential to achieving a high score.

Another tip to take into account, is that during the test, if there are questions you don't know, don't waste your time on them, instead choose an answer and then come back to them at the end if you have time. Ms. Shurtleff, an English teacher at Herriman High, says, "Similarly, if you are running out of time, make sure you fill in all of the bubbles, don't leave any blank." On the ACT, you are not penalized for marking wrong answers. It is always better to guess on a question because picking an answer increases your chances of getting another point, unlike if you did not answer at all.

Teachers will commonly tell students to "just pick C" if you have no idea what the answer is. This is helpful in the fact that, yes, you should have a letter that you choose consistently every time when you are unsure what is correct. However, according to prepscholar.org, while normal tests that teachers make are not truly randomized and C is the most common answer, the ACT is computer generated, and therefore, the answers are actually randomized. Prepscholar also determines that the likelihood that the answer is C over another option is only in a 20-25% range. Now, this does not mean that only choosing C is bad when you are running out of time, it just means that you could also pick A, B or D and as long as you stay with that one letter, the likelihood of being right is relatively

the same. On some occasions, this theory is not necessarily true. A and D are typically outliers, especially in math problems, so it is safest to choose either B or C. In general, pick a "favorite letter" and stick with it.

The ACT is a lot of logic and guesswork. Being a good test taker is, unfortunately, something that you have to be good at in order to get a really good score. Many students don't see the reason for the test because they don't think it accurately gauges your knowledge. Instead, it just takes into account how many questions you can complete correctly in the small amount of time allowed.

While this may be true, taking the ACT and doing well can be vital to the future of any student hoping to get into a high level college and further their education. In fact, most colleges require you to have taken the ACT before they will even consider your application. It is a standard, across the board test that everyone must take. Getting any score is better than not taking it or not trying at all. "Even if you don't think you are going to go to college, you may change your mind in a year or two, so you might as well take it now and do your best on it so that you have the option where you can still get accepted into a college later on," Shurtleff reiterates. The ACT is important for scholarships and college admission, and although it is difficult, students should take it seriously. Applying as many tips and tricks as you can will be beneficial, so that you can do even better on the ACT than you were hoping!





A LASTING RELATIONSHIP BETWEEN TEACHER AND STUDENT

How a educational bond can revolutionize the ideality of art

STORY BY KAYLA MILLER, EDITOR IN CHIEF

The bond between fine arts teachers and their students is a connection that lasts often beyond walking at graduation. Many of them here at Herriman High are plenty passionate about spreading awareness considering their craft. Modern society continues to celebrate the arts as more students have shown interest in improving their creative ability. This recent action has the power to personally impact the lives of everyone involved.

Mr. Cox, the advisor over the school's yearbook, says, "The arts focus compartments of the brain to work together, thinking about color, deciding on a message, writing, editing, creating... These practices help everyone approach problems from different points of view, allowing yourself to grow in perspectives." He recalls when the mural art students created in the counseling office was painted over. He's used the experience to better himself

as a teacher as well as an individual, "A little part of my heart cried for the kids who had devoted so many hours to such a thoughtful piece of art. It made me wonder if I had ever carelessly decided to abandon someone else's work with such thoughtless ease and then helped me decide to strive to pay [more attention]."

Teachers have the power to influence inside and outside the classroom. For example, lessons on life and learning are passed on through generations, college scholarships can be awarded, career advice can be given, etc. Mrs. Baisch, who teaches jewelry, drawing and printmaking recalls, "Oddly enough, both my middle and high school art teachers are now colleagues of mine. I collaborate and meet with them sometimes, and I've also taught the daughter of my middle school art teacher. It's kind of bizarre."

Ms. Fotu, a previous teacher at Herriman, took pride that, "Our art programs at this

school are very rich. Students learn skills that not only provide empowering tools to create, but empowering tools to navigate their learning." Oftentimes teachers love assisting students in learning new skills just as much as the art itself. Many students have kept in touch with Herriman's art teachers as a way to grow even more in the arts with assistance from an experienced mentor. Mrs. Plummer concludes, "Take art, music, dance, and creative writing--your life depends on it."



"SPROUTATION," DRAWING BY CHRISTA MERRIL, HERRIMAN HIGH SENIOR

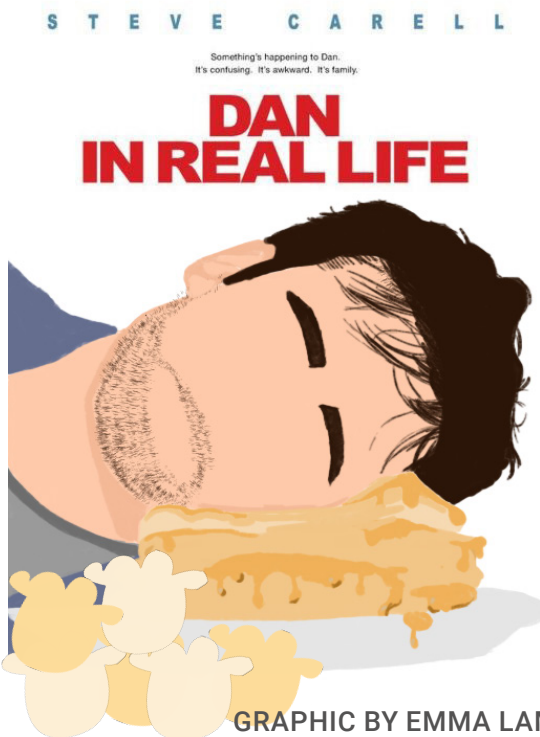
3 MOVIES THAT WE SHOULD ALL SEE BEFORE ADULthood (THAT I WATCHED LAST WEEKEND)

STORY BY JONAH JOHNSON

My fellow classmates and I are approaching graduation, which brings us closer to a new and exciting chapter in our lives. As a result of this, I realize that the emotional tools that I have now that will make me successful and happy in adulthood have, in part, been brought to me by movies. Movies are a powerful force in our lives, they are stories that help us find out who we are. They can be incredibly useful in times of transition, to navigate the complicated feelings that come with endings and beginnings. The movies that I'd like to share with you have helped me become the person I am today, and will probably influence who I am for the rest of my life.

"DAN IN REAL LIFE" (2007)

Dan in Real Life is a beautifully corny little movie about a parenting advice columnist who falls in love with his brother's girlfriend. A plot like this could have been ripped from a Hallmark movie, but through emotional honesty and real, living and



GRAPHIC BY EMMA LAM

breathing characters it becomes so much more. This movie is a favorite of my parents, so I've seen it many times throughout my childhood and I am only now understanding the deep and profound feelings that Steve Carrell's character is subject to over the course of this film. He is a man who is afraid of having love in his life again because of the intense pain that he went through when he lost his wife to some unnamed disease four years prior. However, he learns through the strength of his three daughters to live his life with courage and be okay with leaving some things up to uncertainty. In his own words, "Instead of telling our young people to plan ahead, we should tell them to plan to be surprised."

"WILLY WONKA AND THE CHOCOLATE FACTORY" (1971)

I have seen the last hour of this film hundreds of times in my youth, but I never realized how bizarre and nightmarish it is until now. I'm certain I've seen the first thirty minutes as many times as the last hour but rewatching it the other day I had almost no memory of anything that happens in the time before Charlie enters Willy Wonka's Chocolate Factory. Upon revisiting it, I realize just how sadistic Willy Wonka actually is. He creates candy for all of the children in the world, but it seems to me that he holds a deep resentment for most children. He is either delightful or nonchalant when children are tortured or possibly killed because of their moral failures. These children have been corrupted by their passive parents, they are a product of society. So in the end when he finds that none of the children passed his test of morality, he is extremely defeated and has completely lost hope in humanity. However, when Charlie redeems himself and corrects his wrong, Wonka's faith in the human race is restored. At this

moment he quotes Shakespeare in the most poignant moment of the movie, as he says: "So shines a good deed in a weary world."

"DEAD POETS SOCIETY" (1989)

This classic film stars Robin Williams as a passionate English teacher who tries to free his students' minds at a conservative preparatory school in New England. Very rarely do I watch a movie that is this unabashedly sentimental and genuine, which can cause a few cringy, eye-roll-inducing scenes. But if you manage to get past your 2020 sensibilities and look at this film for what it is, you can have a deeply moving experience. Williams's character encourages his students to savor their lives, to suck deeply from the marrow of their experience. There is an abundance of wisdom in the first two acts of this movie, but the clarity and maturity that comes with the central tragedy towards the end are as necessary as everything else. It is important to seize the day and try our best to make our lives extraordinary, but that should never make us blind to the pain and suffering in the world. This movie provides a cathartic emotional toolbox for anyone who sees it.



GRAPHIC COURTESY TO FUSION BOOKS



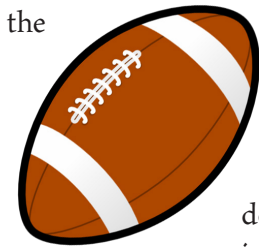
FAITH AND FAMILY A DRIVING FORCE TO FORMER ALABAMA QUARTERBACK’S SUCCESS

An inside look at the life of Tua Tagovailoa

STORY BY LEROY TAUKEIAHO

For Polynesian and former Alabama quarterback, Tua Tagovailoa, faith has been a driving part to his success on and off the field. Raised in Ewa Beach, Hawaii, on the island of Oahu, Tagovailoa grew up in a humble home, struggling to get by. Both of Tua’s parents follow Samoan customs and have raised him to respect and maintain them throughout his life with his faith and family being those of most importance. .

From the islands of Hawaii to the deep south, Tagovailoa signed with the Crimson Tide to play under the direction of Alabama head coach, Nick Saban. His collegiate career led to a stop at the National Championship early on where as a true freshman, he threw a game winning touchdown to claim the title in the second half replacing starter, Jalen Hurts.



At that moment, “All my anxiety and all my nerves calmed down,” Tua said in an interview with ESPN.

“Nothing was too big for me. I think I was more focused on praying than anything else in the game. “Every time, before series, during series, after series, the biggest thing that helped me was my faith.”

Realizing that he stood out amongst many football players on the national scene, the interest of media and fans alike continued to rise. After much success collegiately and breaking several position records, Tagovailoa had a bout of short luck in terms of a hip injury that ended his 2019 early.

Tua Tagovailoa announced he’s forgoing his senior season with the Crimson Tide to enter the 2020



PHOTO CREDITED TO CNN.ORG

NFL Draft. “I’ve had a difficult time making this decision about my future; with lots of prayers, thoughts and guidance, I have decided I’m entering the NFL draft,” Tagovailoa stated in a press conference.

Regardless of the injury, he is still projected to be in the top of this upcoming years NFL Draft class.

FATHER OF ALL...

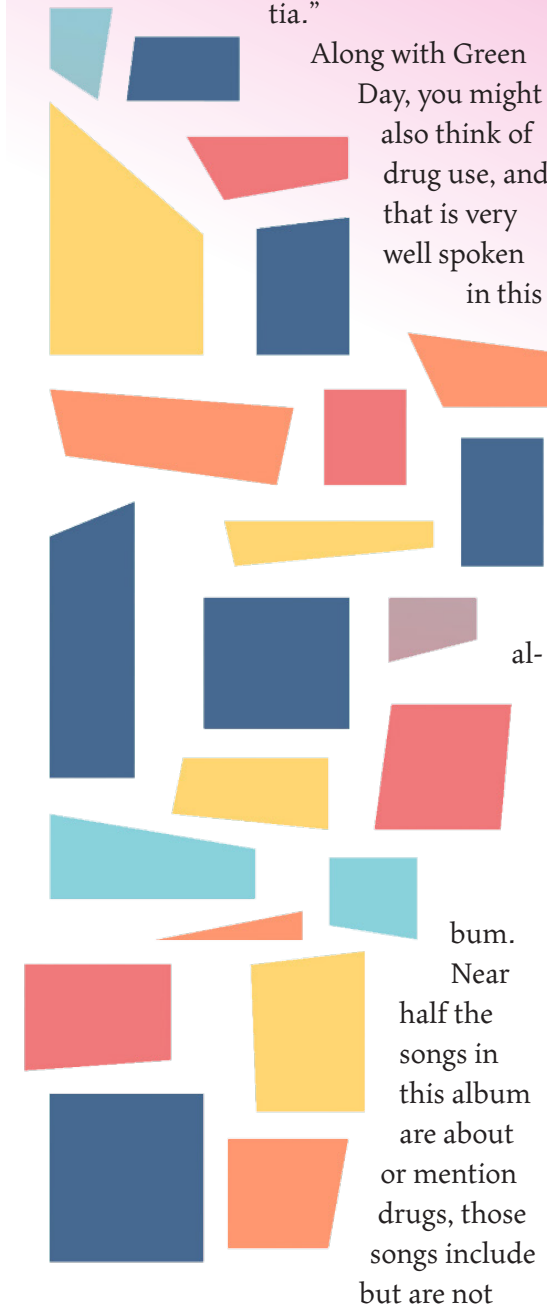
Green Day’s Newest Album Under a Fan’s Eye

STORY BY LILY REMIREZ

31 years after the national phenomenon started, and they’re still at it. Green Day recently released their 34th album, “Father of All...”, February 7, 2020, unleashing the world to a whole new Green Day experience.

“Father of All” is definitely tried and true to Green Day, but with some new “punk flare”. Now, as usual, you would expect Green Day to be extremely explicit, and they sure have brought that in quite a few songs.

This album features ten songs, “Father of All...”, “Fire, Ready, Aim”, “Oh Yeah!”, “Meet Me on the Roof”, “I Was a Teenage Teenager”, “Stab You In the Heart”, “Sugar Youth”, “Junkies on a High”, “Take the Money and Crawl”, and “Graffiti.”



Along with Green Day, you might also think of drug use, and that is very well spoken in this

limited to: “Meet Me on the Roof” and “Junkies on a High”.

If you are truly looking for that Green Day nostalgia, but are near bored of their old works, then I suggest listening to “Sugar Youth” and “Fire, Ready, Aim” and then move on to the others. These songs just speak the classic 90’s rock that you were looking for, the loud instrumentals and muttered lyrics of a time near forgotten.

However, on the contrary, if you are looking to find a new spring to life in the forever spoken tales of this band, then listen to “Junkies on a High.” This song really influences this calm, but aggressively romantic feeling to your being, introducing a theme explored many times before by different artists, but never so well done by a rock band.

But if you simply just want to find something new, then listen to “Stab You in the Heart”

this song is written in the style of 50’s rock but is still Green Day, and sounds much like “Achy Breaky Heart,” by Billy Ray Cyrus. However, instead of a sweet heartbreak song, it’s the song you use to break up with someone. (Just play it to your S/O, haha)

It’s really been only about a year since Green Day released their last album “Woodstock 1994” which is a release of the live recordings that Green Day played at Woodstock ‘94 in honor of the 25 anniversary of the concert. However, the last time they released new music was 2016, in their “Revolution Radio” album.

Some of the things that people like to see with Green Day is that they can be extremely offen-

sive, and often are, but, this album sadly didn’t bring much of that. It didn’t offend me or make me think that it could offend someone else, it’s “too safe” often like how modern rock goes.

Now, I have nothing against the music, or Green Day, but the music simply just wasn’t aggressive enough for me. I like a good headbanger, and this album really didn’t bring it for me. However this music is simply amazing, and you can still dance to it. It’s not like those rock songs where it’s good, but you can’t just find the right



PHOTO CREDITED TO GREENDAY.COM

movement for it.

Billie Joe Armstrong, Mike Dirnt, and Tré Cool have been playing music since they were all around 15 years old, and now, all in their mid-40s are still making music, if you’ve seen a better friendship than this, you’re wrong. I’m amazed at how this group has been able to stay friends and play music and deal with the drama of life



all at the same time, but I give props to them.